

# RALSTON STREET WALKS

5740 Ralston Street,

Ventura, CA 93003

.8-Mile Walk, 1-Mile Walk, .5-Mile Walk



Ventura County  
Wellness Program

Promoting Good Health and Helping Manage Health Care Costs



## **Saratoga-Everglades-Cypress Point Pathway Walk: .8 miles (15-minute break walk)**

----- Proceed on Ralston Street to Saratoga Ave. Follow Saratoga around to Everglades Street. Turn left on Everglades Street and continue straight to the Cypress Pathway. Follow path to the left and all the back to the start point.

## **Saratoga-Mesa Verde-Everglades-Cypress Pathway Walk: 1 mile (20-min. walk)**

..... Proceed on Ralston Street to Saratoga Ave. Follow Saratoga down to Walker Street and continue on loop to Mesa Verde. Turn right on Everglades Street and continue straight to the Cypress Pathway. Follow path to the left and all the back to the start point.

## **Gaviota-Coffee/Tea Walk: .5 miles (10-min. break walk)**

..... Proceed left on Ralston Street and cross Ralston at Gaviota Street. Follow Gaviota in a loop to S. Victoria Ave. Continue right and end at the start point.