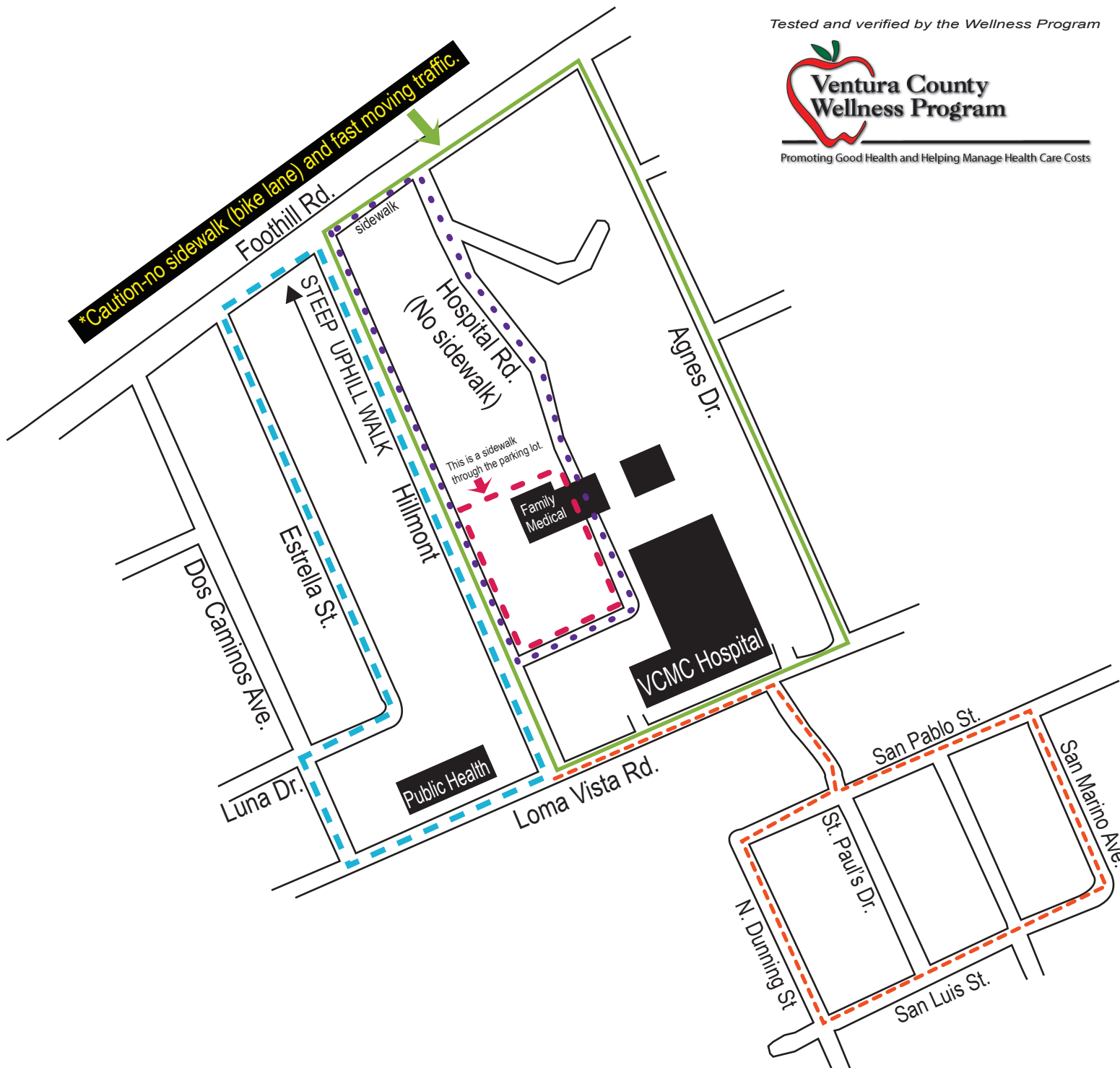


VCMC HOSPITAL--VENTURA/FOOTHILL/LOMA VISTA AREA

- - - - **Hillmont-Estrella Loop:** (.88-mile)
- **Hillmont-Agnus Loop:** (1-mile) shady walk
- - - - **Hospital Entrance-Hillmont-Parking Lot Loop:** (1/3-mile) quick-break walk.
- • • • **Hillcrest-Hospital Rd Loop:** (.64-mile) longer-break walk
- - - - **St. Paul's -San Luis- San Pablo Loop:** (.98-mile) Starting from corner of Hillmont/Loma Vista. ALL sidewalk.



Tested and verified by the Wellness Program



Promoting Good Health and Helping Manage Health Care Costs