

COUNTY OF VENTURA
COBRA PREMIUM AMOUNTS – PLAN YEAR 2025
January 01, 2025 through December 31, 2025

PLANS	MONTHLY PREMIUM
MEDICAL PLANS	
<i>Ventura County Health Care Plan (HMO)</i>	
1 Participant	\$967.22
2 Participants	\$1,934.44
3 or More Participants	\$2514.77
<i>Blue Shield HMO Trio</i>	
1 Participant	\$800.04
2 Participants	\$1600.07
3 or More Participants	\$2080.09
<i>Blue Shield HMO Access+</i>	
1 Participant	\$1029.27
2 Participants	\$2058.50
3 or More Participants	\$2676.06
<i>Blue Shield PPO/HDHP</i>	
1 Participant	\$1228.66
2 Participants	\$2457.35
3 or More Participants	\$3194.54
DENTAL PLANS	
<i>MetLife Dental PPO (PDP Plus Plan)</i>	
1 Participant	\$49.10
2 Participants	\$93.60
3 or More Participants	\$141.53
VISION PLAN	
<i>Eye Med Vision</i>	
1 Participant	\$4.49
2 Participants	\$8.08
3 or More Participants	\$11.58

Under COBRA, you may choose to continue coverage under any or all of the plans you had at the time your coverage ended.

For an overview of plan benefits and limitations, see the *Benefit Plans Handbook* (available at <https://hr.ventura.org/benefits>). The COBRA premiums shown are based on the full premium costs for coverage plus a 2% administrative fee. Different premiums apply after the initial 18 months of coverage for those who are eligible for extended coverage due to disability and for those who are eligible for extended medical coverage under CalCOBRA.

Note: If you are planning to move out of your health plan service area, contact OPTUM Financial directly at (855) 687-2021 or send an email to cobraservice@connectyourcare.com to discuss your options. OPTUM Financial is the County's COBRA Third-Party Administrator.