

COUNTY OF VENTURA
COBRA PREMIUM AMOUNTS – PLAN YEAR 2026
January 01, 2026 through December 31, 2026

PLANS	MONTHLY PREMIUM
MEDICAL PLANS	
<i>Ventura County Health Care Plan (HMO)</i>	
1 Participant	1219.83
2 Participants	2439.66
3 or More Participants	3171.55
<i>Blue Shield HMO Trio</i>	
1 Participant	882.38
2 Participants	1764.77
3 or More Participants	2294.17
<i>Blue Shield HMO Access+</i>	
1 Participant	1151.49
2 Participants	2302.94
3 or More Participants	2993.82
<i>Blue Shield PPO/HDHP</i>	
1 Participant	1398.83
2 Participants	2797.70
3 or More Participants	3636.98
DENTAL PLANS	
<i>MetLife Dental PPO (PDP Plus Plan)</i>	
1 Participant	51.56
2 Participants	98.28
3 or More Participants	148.60
VISION PLAN	
<i>Eye Med Vision</i>	
1 Participant	4.49
2 Participants	8.07
3 or More Participants	11.58

Under COBRA, you may choose to continue coverage under any or all of the plans you had at the time your coverage ended.

For an overview of plan benefits and limitations, see the *Benefit Plans Handbook* (available at <https://hr.ventura.org/benefits>). The COBRA premiums shown are based on the full premium costs for coverage plus a 2% administrative fee. Different premiums apply after the initial 18 months of coverage for those who are eligible for extended coverage due to disability and for those who are eligible for extended medical coverage under CalCOBRA.

Note: If you are planning to move out of your health plan service area, contact OPTUM Financial directly at (855) 687-2021 or send an email to cobraservice@connectyourcare.com to discuss your options. OPTUM Financial is the County's COBRA Third-Party Administrator.